## Spa Treatments

A toning and slimming treatment which refines and sculpts the body contours. Rosemary and **Timeless Thermae** € 20.00 € 25.00 ginger aid to lift your mood while purifying pine

help eliminate excess fluids. 20 min

€ 50.00

€ 25,00

€ 35,00

€ 30,00

€ 50.00

Massaggio rassodante gambe, glutei e addome

enhance your mind, body and soul. This is a full

selected blend of aromatherapy oils to enhance

body, light pressure massage using a personally € 55,00

A tailor-made aromatherapy massage to

Depilation with hot aloe vera wax

different conditions prevail in different areas

30 min

vour mood, 50 min

Manicure

€ 35.00

€ 15.00

Classic full body massage uses medium

stretches, pressure application and

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for legs and back. 30 min

and relaxed. 30 min

refreshed. 1 hour

pressure to effectively relieve stress and

muscular tension with grape seed oil 50 min

Localised, deep tissue massage involves specific

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mobilisation techniques where most needed

An intensive and restorative massage using essential oils to improve circulation and ease stiffness and pain of your legs and glutes.

Calming lavender leaves you feeling soothed

This exfoliating treatment removes dead skin and impurities. A tailor-made body scrub,

mixed to suit your mood, is used to polish and

cleanse your skin, leaving it silky smooth and

mobilisation techniques where most needed

for neck, lumbar region and back. 20 min